JANUARY 2020 - Menus



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Grades 9-12 Breakfast

MENUS ARE SUBJECT TO CHANGE

		1-1	1-2	1-3
WIR	ITER RECE	SS — Haj	ppy Holid	ays
Gourmet Waffles – V Fruit– S Fruit Juice Got Milk	1-7 Turkey Ham & Cheese on Hawaiian Roll Fruit- \$ Fruit Juice Got Milk	1-8 Chocolate Crescent – V Fruit – S Fruit Juice Got Milk	1-9 French Toast Trio – V Fruit– S Fruit Juice Got Milk	1-10 Fiesta Bean & Cheese Burrito - V Fruit- S Fruit Juice Got Milk
1-13 Mhole Grain Strawberry Pocket – V Fruit – S Fruit Juice Got Milk	1-14 Italian Cheese Pocket – V Fruit – S Fruit Juice Got Milk	1-15 Mini French Toast Bites - V Fruit - S Fruit Juice Got Milk	1-16 Morning Beef Sausage Sandwich Fruit- S Fruit Juice Got Milk	1-17 Cinnamon Pan Dulce – V Fruit- S Fruit Juice Got Milk
MARTIN LUTHER KING, JR. DAY	1-21 Acad Deluxe Cereal Bowl Fruit - S Fruit Juice Got Milk	1-22 Gourmet Waffles – V Fruit – S Fruit Juice Got Milk	1-23 French Toast Trio – V Fruit – S Fruit Juice Got Milk	1-24 Breakfast and Sausage Square Fruit- \$ Fruit Juice Got Milk
1-27 Café LA Coffee Cake – V Fruit- S Fruit Juice Got Milk	1-28 Chicken Pancake Sandwich Fruit - \$ Fruit Juice Got Milk	1-29 French Toast Trio – V Fruit – S Fruit Juice Got Milk	1-30 Italian Cheese Pocket – V Fruit– S Fruit Juice Got Milk	1-31 Cinnamony Pancakes – V Fruit – S Fruit Juice Got Milk

All of the Grain/Bread items served are Whole Grain Rich.

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

S: Items with an (**S**) can be saved for later **V**: Vegetarian items

Posted 12/6/19